

Silverado Hospice Los Angeles

Silverado Hospice Newsletter

Author: Juliet Laschiazza

GRADUATING FROM HOSPICE

The comfort and care provided by Silverado Hospice are truly unmatched.

One of the biggest misconceptions about hospice care is that choosing these services will hasten the timeline of saying goodbye. In reality, hospice focuses on improving quality of life, helping patients make the most of their time. While it's not common, some patients do improve enough to be discharged from hospice.

A patient's health can improve for many reasons, better nutrition, proper medication management, consistent medical care, and meaningful social interaction all play an important role. With the added support and attention to their physical, emotional, social, and spiritual needs, patients often experience a renewed sense of comfort and wellbeing.

During a recent "graduation," the Silverado team surprised Lydia with a cap and gown, flowers, balloons, a cake, and a diploma that read, "Your illness does not define you. Your strength and courage do. Wishing you health and happiness!" Juliet, Volunteer Manager, also had her son Roman write thoughtful notes for Gabriel, Lydia's son and primary caregiver, as well as for Lydia. Caregivers play a vital and often selfless role, frequently putting their own lives on hold to care for their loved ones, and it's clear that Gabriel is doing an incredible job supporting his mom.

While it was a joyful celebration, it was also bittersweet. Lydia shared that she would deeply miss her care team, Susie Q., RN Case Manager; Mocha, Home Health Aide; and Jesus, Spiritual Counselor, along with the compassionate support she received each day.

This level of care and connection can have such a positive impact that, in some cases, patients are able to graduate from hospice.

"We Cannot Change The Out Come, But We Can Affect The Journey." -Ann Richardson

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Pictured (left to right):
 Mocha, Home Health Aide
 Gabriel, Lydia's Amazing son
 Susan, RN Case Manager
 Roman, Juliet's son
 Lydia, Our Graduate Girl



Pictured (left to right):
 Juliet, Regional Volunteer Manager
 Mocha, Home Health Aide
 Lydia, Our Graduate Girl
 Susan, RN Case Manager

**Your illness
 does not define
 you.
 Your strength
 and courage do.
 Wishing you
 health and
 happiness!**



"I cannot give enough praise and "thank you " for the past year of amazing personal care from Silverado . My mother Lydia valdez has received .

Personally a very big appreciation and love towards Suzie & Mocha , both have exceeded patient care to patient friend . While my mother's health has improved and has done a 180 turnaround, the weekly visits from both Suzie & Mocha will for sure be greatly missed

The weekly visits for my mother were more like friends visiting , the outcome and outstanding reputation of Silverado proved its employees provide care from the heart & soul ." - Gabriel, Silverado Hospice Google Review

You're doing
such a great job
taking care of
your mama.
Love, Roman



Pictured (left to right):
Mocha, Home Health Aide
Roman, Juliet's son
Lydia, Our Graduate Girl
Susan, RN Case Manager



I hope you
feel strong and
healthy every
day!
Love, Roman

THANK YOU VOLUNTEERS!

THANK
YOU

Most of us can remember someone who went out of their way to help us during a difficult time, a grandparent, a special teacher, or even a stranger who became a friend. These memories remind us of the kindness and compassion that exist within our communities. Nowhere is that spirit more evident than in the hearts of the volunteers who serve hospice patients each day.

THANK
YOU

In honor of National Volunteer Week (April 19–25), we would like to extend our sincere gratitude and appreciation to the extraordinary volunteers at Silverado Hospice. Over the years, we have been fortunate to have hundreds of dedicated individuals generously give their time and talents to support our patients and families in countless meaningful ways.

THANK
YOU

Some of our volunteers work directly with patients, offering companionship, playing music, reading aloud, or simply being a comforting presence. Others support our mission behind the scenes by assisting with bereavement services, clerical tasks, and overall program support. Every role, no matter how big or small, is deeply valued.

THANK
YOU

From all of us at Silverado Hospice, thank you to our exceptional volunteers. What you do is not only amazing. it's a true calling. Your compassion, dedication, and selflessness leave a lasting impact on the lives of so many.

*Thank you for
going above
& beyond.*

The Gift of Time, Love, and Compassion Shared by Our Volunteers Is a True Blessing to the Patients and Families They So Kindly Serve. Below are just a few of the special and moving experiences our volunteers have shared along their journey.

“Patient was sitting up in bed when I arrived. She was listening to news about Bad Bunny’s performance today and was excited to see him perform. Patient asked me to check the time so that she can watch it live. We talked about current events and her health. She feels more tired but accepts it is part of the process. She expressed not wanting to talk about her illness with people. I asked if she wanted to play Scrabble and she perked up. We played for about an hour and she expressed feeling happy to have the distraction. Patient was ready for a nap after winning the game. The caregiver arrived while I was there. We agreed I would call during the week to set up my next visit and scrabble re-match. She was happy to hear that.” -Volunteer

“Volunteer visited patient. She was sitting on the couch in the common area, dozing off. I gently touched her shoulder to let her know I was here, and she greeted me with a big smile. I asked whether she wanted to go outside, and she agreed.

One of the staff members moved her to the wheelchair, and we headed to the patio. It was a beautiful, hot day, and patient liked being outside. I removed her blankets as she was warm enough and got some water for her. We sat there together, and I also showed her some pictures of seals I took from my recent trip. She chuckled and enjoyed looking at the photos with me. She especially liked my niece's photos and told me she was beautiful.

We sat outside for 30 minutes and she told me, "We should go." I brought her back to her floor and listened to the music together in the common area. She dozed off a little, but we spent more time looking at some of my photos. Before I left, I told her I would be traveling outside of the States and would be back in two months. She gave me a big smile and kissed me on my cheek, saying she loved me. When it was lunch time, I wheeled her chair to the dining room, gave her a hug, and said goodbye.” -Volunteer

Spotlight on Our Incredible Volunteers

We want to take a moment to recognize all of our amazing volunteers, our office volunteers, field volunteers, and death doula volunteers.

Our office volunteers play a huge role behind the scenes, supporting us with so much administrative work. We are truly grateful for everything you do to keep things running smoothly.

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Your feedback is important to us. If you have a concern, please contact our Administrator, Ulysess Plummer, at (888) 328-6622

To our field volunteers, thank you for taking time out of your busy lives to be there for our patients. Whether you're playing board games, watching movies, playing music, taking a walk outside for fresh air, or simply sitting quietly and holding a hand, your presence brings comfort, connection, and peace. You have hearts of gold, and the impact you make is felt not only by our patients but also by their families.

To our death doulas, thank you for being there during the most sacred and vulnerable moments. You sit with patients as they transition, offer support to families, provide a listening ear, and help guide patients through their final journey with compassion and dignity. Your presence is truly invaluable.

We are so fortunate to have such a diverse and passionate group of volunteers. From those pursuing careers in medicine, to nurses exploring hospice care, to individuals who have experienced hospice firsthand and now want to give back, each of you brings something incredibly special to our team.

Volunteers are truly the heart of hospice care, and we are deeply grateful for each and every one of you who is part of the Silverado family.

If you're interested in volunteering, please email jlaschiazza@silverado.com