

**Welcome to the Silverado Team,  
Dr. Qubba!**



**Clinical Liaison**  
Janay Hugget, LVN



**Team Physician**  
Mohammed Qubba, MD



**Social Worker**  
Frank Schiro, MSW

**HOSPICE MEDICAL DIRECTOR**

- Co-certifies the terminal prognosis with the attending physician
- Leads the interdisciplinary team in the development of a plan of care
- Provides consultation to other physicians regarding hospice care

**ATTENDING PHYSICIAN**

- Certifies the terminal prognosis
- Assesses patient needs, manages symptoms, prescribes non-curative treatments
- Directs and approves the plan of care
- Coordinates care with the interdisciplinary team

**RN, LVN, LPN**

- Assess patient and family needs
- Develop plan of care to meet needs
- Coordinate care with attending physician
- Coordinate team visits and ensure implementation of approved plan of care
- Ensure symptom control and pain management
- Provide patient/family teaching as needed
- The LVN/LPN in partnership with the RN does the following: provide direct nursing care to patient and family

**SOCIAL WORKER**

- Assess patient and family emotional, social and financial needs
- Develop a plan of care to meet identified needs
- Provide direct counseling or refer patients and families to appropriate community agencies
- Provide supportive emotional counseling to patient and family
- Assist in completion of advanced directives, mortuary arrangements, funeral planning and facility placement

IMMEDIATE FAMILY

PATIENTS  
OR  
FAMILIES

SILVERADO FAMILY

FRIENDS

**CNA/CHHA (hospice aides)**

- Provide direct personal care to patient
- Provide comfort measures
- Report identified needs to RN Case Manager
- Provide emotional support to patient and family

**SPIRITUAL COUNSELOR**

- Assess patient and family spiritual needs
- Develop a plan of care to meet identified needs
- Provide spiritual counseling
- Assist with memorial preparations
- Provide referrals to clergy of all faiths

**VOLUNTEERS**

- Provide companionship support to patient and family
- Provide needed non-medical services, letter writing, errands and respite time for family
- Provide support at time of death and during bereavement



**RN Case Manager**  
Mark Cocson, RN



**Spiritual Counselor**  
Kyungsu Park



**Certified Home Health Aide**  
Edma Castaneda



**Volunteer**  
Lynda Le

# NEWSLETTER

## Sarcoma Awareness

by Kristina Nguyen, RN, MSN, CHPN, Admissions Nurse

Sarcoma is a scary cancer that can affect all and any connective tissue in the body. This includes nerves, muscles, joints, bone, fat, and blood vessels. It is a rare cancer in adults and is more prevalent in children. In adults, a sarcoma cancer is more common to be found alongside other prevailing adult cancers like breast, lung, and ovarian. This cancer is unfortunately diagnosed when it is too late and too large within the body for the hopes of a cure. It is important to get any new masses checked out by a physician just to be on the safe side. The only way to diagnose sarcoma is through surgical biopsy. At any time, there are 50,000 patients who are diagnosed and dealing with sarcoma and approximately 7,000 people a year will die from sarcoma in the United States.

### Possible Causes & Treatment

There is not one cause that has been discovered. Some are associated with those who are born with blood vessel abnormalities. Other studies suggested that people who work and are exposed to phenoxy acetic acid in herbicides and wood preservatives may be at high risk. Treatment includes surgery if the biopsy proves positive for sarcoma, radiation to shrink tumors before surgery, and chemotherapy to more aggressively shrink tumors and provide comfort therapy.

**Always remember -  
you know yourself  
better than anyone  
and don't be afraid to  
get every lump, bump,  
bruise or abnormality  
looked at!**

*Reference: Sarcoma Foundation of America (2022). What is sarcoma? Curesarcoma.org*

### Awareness Dates to Remember

Eye Injury Prevention Month

UV Safety Month

National Cleft & Craniofacial Awareness &  
Prevention Month

National Parent's Day | July 23

World Hepatitis Day | July 28

## Serving Those Who Served

By Gerardo Camarena, BA, MAT , U.S. Army Veteran and Hospice Spiritual Counselor

When I joined the U.S. Army, I never imagined that I would one day become a Chaplain. I remember being a young soldier living in a foreign country with a young family. We found ourselves in need of support, care, and love. We found that reassurance in my Army's unit Chaplain. He was a good listener, compassionate, and gave wise advice. At that time in my life, I didn't realize how important a Chaplain could be in times of crisis.

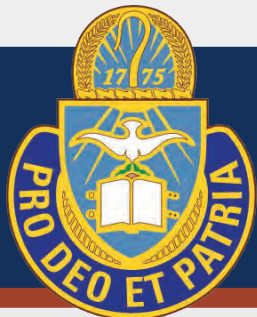
Today, as a hospice chaplain, I have the honor of serving those who have served in the Armed Forces. I often find that having the common experience of serving in the military allows me the specialty in knowing how to connect with my Veteran hospice patients in a unique and meaningful way. There is a bond among Veteran service members that can only be known by those who have served.

In my role as a hospice chaplain, I find great satisfaction in knowing that those who served before me are receiving the compassionate and supportive care that they deserve and need. Being able to walk the journey with Veterans at end of life is an act of the heart. It is my honor to provide spiritual care to my fellow Veterans.

On July 29, 1775, the Continental Congress authorized one chaplain for each regiment of the U. S. Army to be assigned. Since that time, approximately 25,000 Army chaplains have served as religious and spiritual leaders for 25 million soldiers and their families. Although I serve Veterans at end of life in their home setting, it is my privilege to be at their side giving support. Silverado Hospice would like to join the U.S. Army Chaplain

**Corps is celebrating its birthday on July 29th. U.S. Veteran Chaplains and U.S. Veterans, we thank you for your service!**

-U.S. Army Veteran and Hospice Spiritual Counselor, Gerardo Camarena



**Happy Independence Day | July 4th**

Happy 249th Birthday U.S. Army Chaplain Corps  
July 29, 1775

## Family Testimonials

### Testimonial 1

Dear Silverado Hospice, “Try to be a rainbow in someone’s cloud.” ~Maya Angelou ... Thank you to Laura, Kathy L, Dr. Parikh, April, Mark, Anna, Luis and all those who offered help and spiritual guidance, each one of you made up a beautiful color in my Mother’s rainbow. Hospice was a godsend, you were sent by God to help our family in saying goodbye to our beloved mom before going to be with the Lord. We truly appreciate each and every one of you!

### Testimonial 2

To the staff and ALL who cared for my brother, words cannot begin to express my thanks for the compassionate care you showed him in his final days. I’m especially thankful for the way your staff kept in touch with me along the way and continue to do so with the services you offer. Please accept this donation as a small token of our appreciation for what you do. God bless you all!

### Testimonial 3

Dear Silverado Hospice Care Staff, My wife, brother, I and our entire family would like to thank you so much for your caring hearts and hands, as my father spent the last six months and final days under your warm and tender hospice care. Throughout the entire time, my father and our family felt the warm and compassionate care you provided. Special thanks to nurses Desiree, Laura, April and social worker Laura Cohen. You are all saints in our eyes. Thank you again!

We would like  
to say a special  
**THANK YOU**  
to our  
**Nurses,**  
**Spiritual**  
**Counselors,**  
**Social Workers,**  
**CHHA,**  
**Volunteers,**  
**&**  
**Administrative**  
**Staff**  
for all you do  
for our patients  
and families

## CONTACT US

24-hour line: (888) 328-5660

Fax: (949) 653-0452

Referral line: (800) 507-9726

Volunteer inquiries: (888) 328-5660

Visit us online with our 24/7 Live Chat Line: [silveradohospice.com](https://www.silveradohospice.com)



If you would like to leave one of your favorite team members a praise, you may do so on our Yelp page. Search **Silverado Hospice Orange County**