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Silverado Hospice Los Angeles Silverado Hospice Newsletter



Holiday Trees

This year Silverado Hospice Los Angeles teamed up with JoyCatchers. 'JoyCatchers was created in 2006 by Charla King to honor her mother who shared her joy of creativity and holidays. From a simple idea - to volunteer and give trees to people in need of cheering up during the holiday season.' Charla donated 75 beautiful trees to Silverado Hospice Los Angeles. Our patients had nothing but great things to say about the lovely trees.

Thank you Charla and Volunteers!!

"Today, I was able to give out Holiday trees to my patients. They were so happy and grateful to receive them. It really put a smile on their faces and the families really appreciated the thoughtfulness too. Thanks to the volunteers for making this possible."

- Carol, RN



"My patients wife was grateful to have her tree she loves it!!"
-Samantha, LVN

"My patient couldn't stop smiling the whole visit after I presented her with a tree. She kept saying 'I love it, I love it!' and 'Thank you so much!' " -Carol, RN

"My patient and his family were happily surprised and very touched by the gift. They were smiling throughout the visit. It even helped to remind them that even though family members may get irritated with one another, deep down they still care and love each other. It was a little tense between the family members when I first arrived. But, it ended on a very good note." - Carol, RN

IN THIS ISSUE

- Grief and Covid - 2
- In Home Supportive Services- 3
- Private Caregiver - 4
- Spotlight On! - 5

STAY CONNECTED!

(888) 328-6622

(818) 848-4048



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For more information on JoyCatchers, please visit <https://joycatchers.org>

Grief and COVID 19

Grief experiences as a result of COVID-19 challenges have been further complicated and complex. Many have lost loved ones without the opportunity to say goodbye as they normally would may have. Many grieving individuals are also experiencing challenges and restrictions related to burials, funerals, and spiritual rituals resulting in the inability to share grief with others as an added source of support and comfort.

Below are a few suggestions to assist with creating an engaging service while promoting health safety:

Fill the service with memories. Share images of the person in a digital slideshow

Have a virtual meal with guests. Cook/eat the person's favorite meal virtually

Share a playlist of the person's favorite tunes, and listen in with family

Host a "Watch Party" to watch the person's favorite movie with guests

Remember that memorial services do not have a time limit, and traditional services can be held later. If you practice rituals, ask a clergy member how to modify them. You can create new traditions to help honor your loved one



Coping with grief is always a hard and complex process. Further challenges to the grief experience as a result of COVID-19 restrictions and delays can result in unresolved trauma, increase anxiety and stress, and result in the fear of additional losses. Connect with friends via text, email, or video call to build your support system and assist with feelings of isolation or loneliness. Please also feel free to reach out to the members of Silverado's Emotional Support Team if you feel that additional support is needed to assist with the grieving process. Above all else, be gentle and patient with yourself. Grief is a process; take each day at a time.

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Silverado Hospice is available 24/7, including weekends and holiday. You may reach us by calling

(888) 328-6622

or

(818) 848-4048

Bereavement and Emotional Support is also available 24/7

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Limited Placement Assistance

The Department of Health has shut down several skilled nursing facilities to prevent the spread of COVID-19. At this time, it might be more difficult to find placement or respite stays. Placement companies are available if patients want to seek Board and Care or Assisted Livings. However, these are private pay and can be expensive.

In Home Supportive Services

The In-Home Supportive Services (IHSS) program is funded by the government to help older adults and adults with disabilities pay for home services to assist with daily living. IHSS allows the individual receiving care to hire their service provider, which may include family or friends.



Requirements to Qualify for IHSS:

- + Aged 65 or older OR a person with a disability or blind, of any age
- + MUST be low income AND qualify for Medi-Cal
- + MUST be California resident AND physically reside in the US
- + MUST live at home, facilities are not considered “own home.”

The process begins with the IHSS application (SOC 873), signed by a licensed health care professional, and submitted to your local county IHSS office. Then the IHSS social worker conducts a needs assessment for the case. A Notice of Action letter is later mailed to you to notify you of approved or denied services. If approved, you must hire a provider and remain responsible for them as an employer.

For more information on the IHSS program in Los Angeles County, please visit <https://dpss.lacounty.gov/en/senior-and-disabled/ihss.html>

Private Caregiving



Are you overwhelmed with caring for a loved one? Caregiving can be fulfilling but also an exhausting task. People who are

challenged with caring for a loved one often experience caregiver stress – caregiving's emotional and physical stress. Consider hiring a caregiver to ease the workload. This will help your loved one spend more meaningful time with you. Private caregiving can be done through a home health agency or by hiring the caregiver directly.

Consider the following when hiring a caregiver:

- + Job description and pay rate
- + Paperwork for pay and taxes
- + Disability insurance (to avoid lawsuits if the employee is injured on the job)
- + Background and reference checks

Payment for caregiving would come from out of pocket expenses and may be tax-deductible. Veterans may qualify for caregiver services, check with your local VA benefits office.

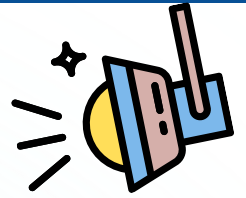
HOW TO BE A FRIEND TO SOMEONE IN HOSPICE

1. Be Present
2. Don't Pretend Like Everything is OK
3. Gestures Speak Louder Than Words
4. Avoid Clichés
5. Share Memories
6. Set a Mood
7. Be Hopeful



Spotlight On!

Meet two of our wonderful employees who were recognized as employees of the month in December!



Meet Barbara, RN Admission Nurse!



The team has said that she goes above and beyond for all admissions, ensuring that each patient is cared for and that the families are comforted. She checks in and communicates to ensure that everything is complete.

Meet Jamie, RN Triage Nurse!



The team has said that she has been an excellent addition to the team. Her efficiency with problem solving and assisting patients and families by guiding them and walking them through things while the nurses are out assisting other patients has been a huge help.

Let us know how we're doing!

Leave us a review, click the icons to get started!

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**Review us
on YELP!**



**Silverado Hospice
Los Angeles**

Your feedback is important to us. If you have a concern, please contact our Administrator, Richard Jenik, at (888) 328-6622

